



Presents:

Combo (In Person + Online) 300 Hr Practitioners Program: Up to 2 Years

Earth Tantra Practitioners 300 hr Combo Program is an up to 2 year **comprehensive** practice, mentorship, study, research, service, earth based centered experience and personal growth pathway. This can be done as little as 6 months or as long as 26 months. Learn at your own pace for an intuitive and personal guided certification.

Practitioner programs do not support in learning how to teach others. If you are interested in the 500 hr teacher certification course, connect with Tara to learn more, especially if you have already attended an Earth Tantra retreat or other event. Or we can talk more if you decide to apply the practitioner's program toward the 500 hrs. The 500 hr teacher certification course is invitation only after attending a retreat, course or program.

Special Highlights Include:

- Combination In Person Group Retreats and Online
- Pick up to 3 group in country retreats at basic lowest rate which is typically tenting/ car camping depending on space available. You may upgrade from a tent to a private room, when available, for an additional fee.
- Choose 3 of the following in Delta, CO for 2023/ 2024 TBD
 - ETR1: 2 X's summer 2024
 - ETR2: 1 X summer 2024
 - Women's 2 or 3 Night Retreat: (for women only – no prerequisite)
 - 3 night individual in person private retreat in Delta, CO or Virtual
 - Online – Scheduled with Tara (number of days can vary)
- Healing The Lower 4 Chakras 25 hr online learn at your own pace course + includes 3-30 min check ins
- Opening The Higher 3 Chakras 25 hr online learn at your own pace course + includes 3-30 min check ins
- 1 ten-hour required reading of Introduction to Tantra by Llama Yeshe 2/ join book club (offered odd years) OR book report + 2 check ins
- Free link to Earth Tantra's guided meditation/ Raw & Real Talks video library for lifetime
- Free access to any of Earth Tantra's book club for 2 years
- Free access to any Earth Tantra online offerings for 2 years, even if you complete the 300 hrs before
- 1 one-hr graduation ceremony – invite anyone you'd like to witness and celebrate via zoom or perhaps at an Earth Tantra event you'll be attending. This might be solo or small group
- Design your personalized curriculum with Tara with 30 Flex hours (personalized curriculum)

- \$100 extension for up to 6 additional months if you're unable finish the program in 2 years.
Beginning date starts the date of our first welcome and opening session + ceremony

Earth Tantra Teacher Certification & Mentorship program is open to applicants who:

- * Are within the ages of 18-118 – priority is given to Earth Tantra family members who've already taken at least 1 in person course or retreat OR virtual courses/ private sessions
- * Desire and feel the call to expand spiritual practices with the path of Tantra and earth based healing
- * Already have an existing relationship with mother earth and experience her healing powers in both bliss and struggle OR a defined alignment to do so
- * Can make the commitment to expand Earth based practices within the program guidelines

A personal note from Tara:

“The Earth Tantra School is not birthed only from feedback of others who've been through other Tantra, Yoga & Meditation certification programs, but from my own personal Tantric certification journey AND many years as a teacher before finding Tantra. It is my purpose to provide each student with the skills and 1 on 1 guidance/ mentorship to grow confidence, to enter your own practice. A tantric life is an ever evolving one. I hope to support you in your path of truth and mentorship” – Tara L. Skubella

PRACTITIONERS CERTIFICATION REQUIREMENTS, PROGRAM EXPECTATIONS & SUPPORT

Core Curriculum:

Offering	Hrs	Dates	Location	PreReq
Welcome Session + Opening Ceremony + Check In	2	TBD	Zoom Or In Person if applicable	None
Develop a home or travel altar & devotional home practice space	2	TBD	Home	None
Healing The Lower 4 Chakras (HL4C) + Elemental healing. Includes 3 thirty-min check ins w/Tara	25	Learn at your own pace – 5 week course. Approx 5 hrs per week devotion	Virtual	None
Opening The Higher 3 Chakras (OH3C) Includes 3 thirty-min check ins w/Tara	25	Learn at your own pace – 5 week course. Approx 5 hrs per week devotion	Virtual	HL4C
3 Night Group Retreat #1	30	TBD	Delta, CO	None
2-3 Night Group Retreat #2	30	TBD	Delta, CO	ETR1 or 2
Retreat #3 (group or private)	30	TBD	TBD	HL4C
Check In and private sessions w/ Tara	10	TBD	Zoom or phone	None
Check In Session w/ 500 hrs teacher in training for another perspective	2	TBD	Zoom or phone	None
Introduction to Tantra by Llama Yeshe + Book Report	10	Starts Nov 2023 or Own pace	Home	None
One other book from book list	10	Own Pace	Home	None
Service/ volunteer hours	7	Own pace	Online or Home	None
Closing Ceremony + Graduation	2	TBD	Zoom	None

Flex hours – other Earth Tantra online courses or previous online sessions. You'll work with Tara to pick and choose which classes you're most drawn to and area of focus	65	TBD	Vary - see below for choices	TBD
Core Hours Total	300			

Personalized Experiential: Pick 65 flex hours – you will work with Tara to develop a custom plan,.

Offering	Up to Hrs	Dates	Location	PreReq
Other In Person Earth Tantra Events + Ceremonies (examples include, but not limited to.... Red Tents, Cacao Ceremonies, Art Of Loving, Sensual Souls, other online courses, workshops, etc)	40	Vary	Vary	None
Cacao Or Blue Lotus Basic Track Course	12	Varies or Own Pace	Zoom	HL4C
Tantra 4 Couples Course Pre-Recorded Course + 1 30 minute check in w/ Tara	10	Own Pace	Virtual	None
Learning to call in the 7 directions + practice course	3	Own Pace	Zoom or Home	HL4C
The foundational practices to smudging, kit + making smudge sticks	2	Own Pace	Virtual + Home	None
Moon Magic Pre-Recorded Course	10	Own Pace	Virtual	HL4C
Up to 20 hrs in content & guided meditation in Earth Tantra's video library. Access to library (including growth) for the lifetime of library.	20	Own Pace	Virtual	None
Additional check ins with a 500 hr teacher in training	4	TBD	Phone or Zoom	None
Designing and implementing your own rituals & ceremonies.	5	Own Pace	Virtual + Home	None
Tantric art/ journaling book capturing your journey	5	Own Pace	Home	None
Introduction to free movement, / ecstatic dance – w/ Tara	2	Own Pace	Virtual	None
Other courses, offerings w/ Earth Tantra	10	Vary	Virtual	None
Other personalized daily practices outside of above courses	20	Vary	At Home	None
Online pelvic steaming ceremony	4	Vary	Virtual	HL4C
Apply any previous work with Tara		TBD		
Total Hours	30			

Financial Investment:

****SEE BELOW FOR DEDUCTIONS IN PROGRAM**

\$3,555.00

Options to pay once at \$3,555 via check, zelle

OR

Pay monthly +3.8% monthly (3,555 + 135) = \$3,690.00/ 12 months = \$307.50 per month

*Understand there are no refunds and we ask that you commit to the duration of the program.

****IMPORTANT! Price & hour credit adjustments will be available for students in the final invitation and student (applicant) & teacher/ guide (Tara) after submitting the application – for applicants who’ve already attended ANY of the above mentioned required and most other Earth Tantra events – For example, if you attended HL4C for \$69 and Book Club for \$26, \$122 will be subtracted from \$3555. Your previous time financial investments count toward this program at the current base rates. This applies for individual rates, not per couple. If you attended a couple’s event the investment is divided in half.**

What is not included? Books, ceremony supplies, any related travel, pot luck side dish for 1st nights of retreats, ceremonial clothing, study supplies, zoom accounts, etc

- What does your investment include outside of the items listed above?
 - Entrance to all online basic track courses for 2 years beginning with our 1st welcome ceremony + session zoom call
 - Earth Tantra Swag, hour tracking sheet, Earth Tantra’s private video library on dropbox and public youtube library.
 - Other resources and items as they present themselves
 - If you attend Art of Loving couples retreat, only half of the retreat fee (not travel, room/ meals) is included in this program. Your partner’s half fee will be paid to attend.

Plan Of Action:

- 1) Apply
- 2) Receive an invitation with final agreement OR non-acceptance outreach
- 3) If invited, you’ll have 2 weeks to consider accepting or denying the invitation and to return any agreements or request for change in the agreement (including invoicing, timing etc). You may also schedule a discovery session with Tara to talk through any questions, etc.
- 4) If moving forward, we will then schedule your first 2 hr welcome + ceremonial session and begin planning your semi – custom program.

*Please note space is limited. This is a first come/ first serve application process.

Tara’s Qualifications:

BA in Secondary Earth Science Education from Northwest Missouri State University – emphasis in Geology

Public School Earth Science & Geology Middle & High School Teacher – 1 year

Wilderness Therapist for adjudicated youth and young adults - 3+ years

Wilderness Survival Teacher and Leave No Trace Master Educator at Red Rocks Community College – 3 years

Outdoor guide for youth, families, and college students - 2+ years

US Forest Service Visitor Center daily manager & Informational Specialist - 3 years

Social Skills Teacher for incarcerated males - 1 year

Boys & Girls Club Coordinator and started a national award-winning model family program – 3 years

Boys & Girls Club Director founded an award winning backpacking program for youth – 3 years

Mentor Program Manager for high risk youth prevention services – 3 years

Nurturing Parenting Program Teacher – 2 years

Post Family Adoption services – 3 years

General survival skills teacher for youth and adults – 8+ years

Wilderness First Responder - Current

Tantra Teacher Certification – Tribal Tantra Month Immersion Program in Thailand (Level 4 – 400 hrs)

Tantric & Kundalini Yoga Certification (YA certified) – 200 hrs w/ Samadhi Yoga Ashram + World Peace Yoga school in Rishikesh, India - Guru Vishnu

Integral Relationship Coach Certification w/ Martin Ucik

Death Doula Certified – Earth Traditions (Dec 2019)

Wedding & Rites of Passage Officiant – United Nations since 2018

Informally mentored by Rahi Chun, somatic sex educator & more, for professional legal guidance

Studied with Tantrica Dawn Cartwright for 6 months in various programs and Tantric Master Course (50 hrs)

Mentored by Suzi Zobrist women's sexual health specialist & founder of Orcas Mandala Yoga & Bodyworks

Studied Green Tara with Vejra Vidya Buddhist Center in Crestone, CO (30 hrs)

Mantak Chia Taoist Courses, Santa Monica, CA (30 hrs)

Studied with Applebranch Pagan Ministry Program Hekate Tribe (60+ hrs)

Teaching Tantra since November 2015 – started off teaching only women

Founder of Naked Earth Tantra/ now Earth Tantra – birth date June 1, 2016

Other Personal Influences and Experiences

Hiking most of the Colorado Trail (solo)

Survival experience 21 days naked in a jungle with limited food and resources

Experienced a highly intense 2-week spiritual awakening in 2015 after Naked & Afraid Challenge

Has lived (nearly) off-grid and maintaining a simple life style close to earth for almost 20 years

Sat with multiple self-vision quests and has led over 10 vision quests for teens and adults

Participated in many rituals and ceremonies including sweat and plant medicines

Burlesque and exotic dancing

Starting a polyamory western slope of Colorado meet up group

Practiced 2 ten-day silent meditation retreats with Vipassana and served at a 3rd

Spiritual, Tantra & Sacred Sexuality Influences include: Margot Anand, Taoist Master Mantak Chia, Hekate, David Deida, Goddess Green Tara, full life cycle – including passage of death, Earth based ceremonies and rites of passage, Goddess Parvati & Quodoushka.

Multiple contributions toward publications and interviews in New York Times, Parade Magazine, Bustle, High Times, Kaleidoscope Magazine, ROAR Magazine, Mashable and various podcasts and more on relationships, meditation, off-grid living, spiritual awakening, survival and more. Click here for Tara's media page:

<https://www.earthtantra.com/media>

Other influences – history, travel, crafting, rocks/minerals/fossils, hiking, climbing & presenting/public speaking

*If you'd like to know more or specifics, please connect with me.