

Sensual Souls Tentative Schedule – Subject To Change

Monday - Feb 8th

4-5:30pm: Welcome, Land in Space, Introductions & Logistics

6pm: Dinner

7:30 - 9pm: Opening Ceremony (bring meaningful item for altar)

9:00pm - Good night (and night assignment)

Tuesday - Feb 9th

7:00am - 7:30am: Guided morning meditation and yoga

7:45am: Breakfast

9-11am: Morning Session (Basic Chakra Breath, Elemental Nature Hike)

11-1pm: Lunch Break

1-3pm: Afternoon Session (Belly 2 belly, Sacred Conversation & Touch)

6pm: Dinner

7:30-9:00pm: Ceremony of Touch & Elemental Massage

9:00pm - Good night

Wednesday - Feb 10th (check ins with Tara

7:00am - 7:30am: Guided morning meditation and yoga

7:45am: Breakfast

9-11am: Morning Session (Masculine & Feminine Energies & Body Movement)

11-1pm: Lunch Break

1-3pm: Afternoon Session (Advanced Chakra Breath & Energy Exchange)

6pm: Dinner

7:30-9:00pm: Heart Opening Cacao Ceremony & Body Movement

9:00 pm - Good night (and night assignment)

Thursday - Feb 11th

7:00am - 7:30am: Guided morning meditation and yoga

7:45am: Breakfast

9-9:30am: Morning Session – Day off assignment – logistics check in

9:30am - 9:00pm: Free Time (Take an excursion, get a massage, etc)

Friday - Feb 12th

7:00am - 7:30am: Guided morning meditation and yoga

7:45am: Breakfast

9-1pm: FREE TIME (lunches can be taken to go)

1-3pm: Afternoon Session (Honoring Shiva & giving our sacred gifts within, ceremony prep)

6pm: Dinner

7:30-9:00pm: Honoring Shiva Puja

9:00pm - Good night

Saturday - Feb 13th

7:00am - 7:30am: Guided morning meditation and yoga

7:45am: Breakfast

9-11am: Morning Session (Advanced love making, Q/A with Tara – other practices)

11-1pm: Lunch Break

1-3pm: Afternoon Session (Wrapping up, Q/A, Honoring Shakti & giving our sacred gifts within, ceremony prep)

6pm: Dinner

7:30-9:00pm: Honoring Shakti Puja

9:00pm - Good night

Sunday - Feb 14th

7:00am - 7:30 am: Guided morning meditation and yoga

7:45am: Breakfast

9-10am: Good byes & Gratitude